

If you are new to the sport and not sure about our group rides start on Wednesday nights. Friendly helpful tips are free!

June 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALL LEVELS		ALL LEVELS	BEGINNER	INTERMEDIATE/ ADVANCED	INTERMEDIATE	
28 Westwood Trail Maintenance 12:00pm Meet at Arbot Road	29	30 Aulds Rd. 6:30pm Meet at End of Aulds Road	31 Yellow Point Rd. 6:30pm Meet at Yellow Point Park	1 Weigles Rd. 6:30pm Meet at Moto X	2 Harewood Mines Rd. 9:15am Meet at Dog Pound Power Lines Camping on Quadra!	3 Camping/biking on Quadra Island We Wai Kai Campground (June 2nd 3rd and 4th) All members Welcome. See our Facebook Event for more details.
4 College Dr. 12:00pm Meet at College Drive	5	6 Extension Rd. 6:30pm Meet at Extension road @ power lines	7 Weigles Rd. 6:30pm Meet at End of Pavement	8 Kipp Rd. 6:30pm Meet at End of Kipp Rd	9 Arbot Rd. 9:15am Meet at Arbot Road	10
11 Nanaimo Lakes Rd. 12:00pm Meet at Bottom of 3 Creeks	12	13 McGarrigles 6:30pm Meet at End of Munroe Rd	14 Sixth St. 6:30pm Meet at Main Parking Lot	15 Arbot Rd. 6:30pm Meet at Arbot Road	16 Weigles Rd. 9:15am Meet at Dawg Trail	17
18 Island Cup XC Race 12:00pm Doumont See Facebook for details <hr/> Harewood Mines Rd. 12:00pm Meet at Dog Pound Power Lines	19	20 Arbot Rd. 6:30pm Meet at Arbot Road	21 McGarrigles 6:30pm Meet at End of Munroe Rd	22 Nanaimo Lakes Rd. 6:30pm Meet at Bottom of 3 Creeks	23 Nanaimo Lakes Rd. 9:15am Meet at Bottom of 3 Creeks	24
25 Fine China Trail Maintenance 12:00pm Meet at End of Pavement	26	27 Weigles Rd. 6:30pm Meet at Dawg Trail	28 Westwood Rd 6:30pm Meet at Westwood Parking Lot	29 McKay Lake 6:30pm Meet at End of Spruston Rd	30 Extension Rd. 9:15am Meet at Extension road @ power lines	1 

2 Cumberland 9:15am Meet at Chapters Woodgrove Meet at 10:30am Or Cumberland Rec Centre Parking Lot	3	4	5	6	7	8
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